

# BERRY LICIOUS PASSION

A CREAMY ICE CREAM AND YOGURT  
BLEND WITH A MIXED BERRY SWIRL  
DROPPED IN A SENSATIONAL LEMON  
AND PASSION FRUIT GLAZE

Jaqui Sykes, Laura Anderson, Krina  
Sukhadia and Madeline Storey

## Acknowledgements

Mentor: Esraa El Shall (Tip Top)  
Sponsor: David Munro  
NZIFST: New Zealand Institute of Food Science  
and Technology Inc.  
CREST  
Future In Tech - Facilitator Gay Watson  
School: Epsom Girls Grammar School  
School Teacher: Kathy Riley

## Product Testing

### Shelf life testing

-10 recipes tested

### Product Component Trials:

-Shell  
-Berry swirl  
-Yogurt cream

### Method changes

-Berry swirl sieved  
-Churning

### Ingredient trials

-Milk pasteurisation  
-Berry trailing

## Ingredients

- milk+cream
- yogurt
- sugar
- glucose syrup
- emulsifier and stabilizers
- frozen raspberries
- lemon juice
- water
- natural colours

## Product Attributes:

- Sweet and Sour - Berry Swirl with Lemon Passionfruit
- Healthy and Nutritious - Less Fat with blended natural fruit.

Individual Serving Size

## Problems we encountered:

- The popsicle was too icy and didn't have the right creamy consistency.
- We decided that we needed stabilizers and emulsifiers.
- The shell didn't freeze so we had to add stabilizers and emulsifiers.
- We added too much stabilizers and emulsifiers so we needed to optimize the amount we put in.

**Issue:** People don't have much time in the morning to be able to make themselves a smoothie so it is easier for them to have one frozen already to go.

**Aim:** We want to develop a new healthy smoothie popsicle for health conscious people.

**Brief:** Develop a new yogurt smoothie as an extension to the existing Tip Top popsicle range.

## Product Development

### Brainstorming:

- Product Ideas
- Target Market

### Product Decision:

- Creamy yogurt with berry swirl and lemon passionfruit coating
- Target Market - Adults, Children

### Research:

- Ingredients - stabilizers, emulsifiers, flavouring
- Consumer needs
- Health and safety
- Packaging
- Market research

### Industry Advice

Esraa El Shall  
(Mentor)



Trial 1



Trial 2



Trial 3



Trial 4



THE NEW ZEALAND  
INSTITUTE OF FOOD SCIENCE  
& TECHNOLOGY INC

